# AASLD-NASPGHAN-SPLIT COVID-19 & the Liver: Pediatric Perspective

July 23, 2020 5:00pm – 6:00pm EDT

**Joint Webinar** 









#### **Moderated by:**

Emily J. Rothbaum Perito, MD Nadia Ovchinsky, MD, MBA

#### **Presenters:**

Jaime Chu, MD Noelle Ebel, MD Mohit Kehar, MBBS, DNB Burnett "Beau" S. Kelly, MD

#### **Panelists:**

Vicky Lee Ng, MD, FRCPC Mercedes Martinez, MD

# Webinar Agenda

 Housekeeping Items – Dr. Nadia Ovchinsky
 Presenter Introductions – Dr. Nadia Ovchinsky
 Webinar Introduction – Dr. Nadia Ovchinsky / Dr. Emily Perito
 Liver manifestations of pediatric COVID-19 infection and MIS-C – Dr. Jaime Chu

COVID-19 Registry: Outcomes in Pediatric Liver Transplant Recipients – Dr. Mohit Kehar & Dr. Noelle Ebel

Re-Entry into Clinical Transplantation during a COVID Pandemic – Dr. Beau Kelly

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Panel Discussion / Q&A



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### Webinar Q&A

Submit your questions in the Q&A box at the top or bottom of your screen.



Questions will be answered at the end of the presentation.







# **Webinar Moderator**

Nadia Ovchinsky, MD, MBA

Director, Pediatric Hepatology Medical Director, Pediatric Liver Transplant

Associate Professor of Pediatrics, Children's Hospital at Montefiore – Albert Einstein College of Medicine

Goryeb Children's Hospital, Morristown NJ



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# **Webinar Moderator**



#### Society of Pediatric Liver Transplantation

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### Emily Perito, MD

Associate Medical Director of Pediatric Liver Transplant

Associate Professor of Pediatrics and of Epidemiology and Biostatistics University of California, San Francisco



### Jaime Chu, MD

Associate Chief in the Division of Pediatric Hepatology Associate Professor of Pediatrics, Icahn School of Medicine and the Recanati / Miller Transplantation Institute at Mount Sinai









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### Mohit Kehar, MBBS, DNB

Pediatric Gastroenterologist and Hepatologist – Kingston Health Science Center

Assistant Professor in the Department of Pediatrics – Queens University

### Noelle Ebel, MD

**Assistant Professor of Pediatrics** 

Director the Alagille Syndrome Program

### Stanford University















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### Burnett "Beau" Kelly, MD, MBA, FACS, FAST

### Surgical Director and Transplant Surgeon

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## **Webinar Panelist**

Vicky Lee Ng, MD, FRCPC

Professor of Pediatrics – University of Toronto

Medical Director, Pediatric Liver Transplantation – Hospital for Sick Children







## **Webinar Panelist**



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**Mercedes Martinez, MD** 

Associate Professor of Pediatrics – Columbia University Medical Center

Director, Intestinal Transplant Program – Columbia University College of Physicians and Surgeons

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# AASLD-NASPGHAN-SPLIT COVID-19 & the Liver: Pediatric Perspective

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Society of Pediatric Liver Transplantation





Emily R. Perito, MD, MAS

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# **COVID-19 in Children**

#### Kids do get the coronavirus — they just don't get as sick

By Stephanie Pappas - Live Science Contributor March 06, 2020

A new study suggests that kids are as likely as adults to be infected with the new coronavirus, but their symptoms tend to be mild.

#### 🚹 💟 🚳 😰 🕞 💟 💻 Comments (18)



#### The NEW ENGLAND JOURNAL of MEDICINE

#### CORRESPONDENCE

SARS-CoV-2 Infection in Children

#### TO THE EDITOR: As of March 10, 2020, the 2019 January 28 through February 26, 2020, a total of novel coronavirus (SARS-CoV-2) has been re- 171 (12.3%) were confirmed to have SARS-CoV-2 sponsible for more than 110,000 infections and infection. Demographic data and clinical features 4000 deaths worldwide, but data regarding the are summarized in Table 1. (Details of the laboepidemiologic characteristics and clinical fea- ratory and radiologic findings are provided in the tures of infected children are limited.<sup>1-3</sup> A recent Supplementary Appendix, available with the full review of 72,314 cases by the Chinese Center for text of this letter at NEJM.org.) The median age Disease Control and Prevention showed that less of the infected children was 6.7 years. Fever was than 1% of the cases were in children younger present in 41.5% of the children at any time durthan 10 years of age.<sup>2</sup> In order to determine the ing the illness. Other common signs and sympspectrum of disease in children, we evaluated toms included cough and pharyngeal erythema. children infected with SARS-CoV-2 and treated A total of 27 patients (15.8%) did not have any at the Wuhan Children's Hospital, the only center symptoms of infection or radiologic features of assigned by the central government for treating pneumonia. A total of 12 patients had radioinfected children under 16 years of age in Wuhan. logic features of pneumonia but did not have any Both symptomatic and asymptomatic children symptoms of infection. During the course of with known contact with persons having con- hospitalization, 3 patients required intensive care firmed or suspected SARS-CoV-2 infection were support and invasive mechanical ventilation; all evaluated. Nasopharyngeal or throat swabs were had coexisting conditions (hydronephrosis, leuobtained for detection of SARS-CoV-2 RNA by kemia [for which the patient was receiving mainestablished methods.<sup>4</sup> The clinical outcomes were tenance chemotherapy], and intussusception). monitored up to March 8, 2020.

Lymphopenia (lymphocyte count, <1.2×109 per Of the 1391 children assessed and tested from liter) was present in 6 patients (3.5%). The most



# **COVID-19 in Children**



#### COVID-19 Pediatrics Daily Update: March 20, 2020

- RECENT CHAM NUMBERS & STATISTICS
  - As of the morning of March 20, 2020, the Department of Pediatrics has tested 22 children at the Children's Hospital at Montefiore (CHAM). Of the total 22 tests
    - 1 test positive
    - 8 tests negative
    - 13 tests pending
- FIRST COVID-19 CASE
  - On Thursday, March 19, we confirmed our first COVID-19 positive patient at CHAM. The teams from Pediatric Emergency Medicine (PEM) to our inpatient services did an excellent job screening the patient and appropriately isolating the patient in the emergency department (ED) and throughout her admission until the testing results were available. Thank you for the great teamwork in maintaining a safe environment for our patients and staff.



Nadia Ovchinsky @D... · 3/28/20 Admitting my first liver transplant #covidpositive baby





# **COVID-19 in Children**

#### 15 Children Are Hospitalized With Mysterious Illness Possibly Tied to Covid-19

The health authorities in New York City issued an alert saying that the children had a syndrome that doctors do not yet fully

understand.

By Joseph Goldstein





#### An outbreak of severe Kawasaki-like disease at the Italian epicentre of the SARS-CoV-2 epidemic: an observational cohort study

Lucio Verdoni, Angelo Mazza, Annalisa Gervasoni, Laura Martelli, Maurizio Ruggeri, Matteo Ciuffreda, Ezio Bonanomi, Lorenzo D'Antiga

#### Summary

Background The Bergamo province, which is extensively affected by the severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) epidemic, is a natural observatory of virus manifestations in the general population. In the past month we recorded an outbreak of Kawasaki disease; we aimed to evaluate incidence and features of patients with Kawasaki-like disease diagnosed during the SARS-CoV-2 epidemic.

Methods All patients diagnosed with a Kawasaki-like disease at our centre in the past 5 years were divided according to symptomatic presentation before (group 1) or after (group 2) the beginning of the SARS-CoV-2 epidemic. Kawasaki like presentations were managed as Kawasaki disease according to the American Heart Association indications. Kawasaki disease shock syndrome (KDSS) was defined by presence of circulatory dysfunction, and macrophage activation syndrome (MAS) by the Paediatric Rheumatology International Trials Organisation criteria. Current or previous infection was sought by reverse-transcriptase quantitative PCR in nasopharyngeal and oropharyngeal swabs, and by serological qualitative test detecting SARS-CoV-2 IgM and IgG, respectively.

https://doi.org/10.1016/ S0140-6736(20)31103-X See Comment page 1741 Paediatric Department (L Verdoni MD, A Mazza MD

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(L. Verdoni MD, A Mazza MD, A Gervasoni MD, L Martelli MD, M Ruggeri MD, L D'Antiga MD), Paediatric Cardiology (M Ciuffreda MD), and Paediatric Intensive Care Unit (E Bonanomi MD), Hospital Papa Giovanni XXIII, Bergamo,

 Findings Group 1 comprised 19 patients (seven boys, 12 girls; aged 3·0 years [SD 2·5]) diagnosed between Jan 1, 2015,
 Italy

 and Feb 17, 2020. Group 2 included ten patients (seven boys, three girls; aged 7·5 years [SD 3·5]) diagnosed between
 Correspondence to:

 Feb 18 and April 20, 2020; eight of ten were positive for IgG or IgM, or both. The two groups differed in disease
 Correspondence to:

 incidence (group 1 vs group 2, 0·3 vs ten per month), mean age (3·0 vs 7·5 years), cardiac involvement (two of 19 vs five of ten), MAS (zero of 19 vs five of ten), and need for adjunctive steroid treatment
 Idantiga@asst-pg23.it

Interpretation In the past month we found a 30-fold increased incidence of Kawasaki-like disease. Children diagnosed after the SARS-CoV-2 epidemic began showed evidence of immune response to the virus, were older, had a higher rate of cardiac involvement, and features of MAS. The SARS-CoV-2 epidemic was associated with high incidence of a severe form of Kawasaki disease. A similar outbreak of Kawasaki-like disease is expected in countries involved in the SARS-CoV-2 epidemic.



# Liver manifestations of pediatric COVID-19 infection and MIS-C

#### Jaime Chu, MD

Associate Chief in the Division of Pediatric Hepatology

Associate Professor of Pediatrics

Icahn School of Medicine and the Recanati / Miller Transplantation Institute at Mount Sinai

**Joint Webinar** 











Focus on liver manifestations in COVID-19 and MIS-C in children without known chronic liver disease or transplantation

- 1. Pathogenesis of liver injury in COVID-19
- 2. Liver injury in COVID-19
- Liver injury in Multisystem Inflammatory Syndrome in Children (MIS-C)



### Viral pathogenesis of SARS-CoV-2



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Adapted from Risitano et al., Nat Rev Immunol, June 2020.

## Viral pathogenesis of SARS-CoV-2



### Multiple etiologies of liver injury in COVID-19

- Direct injury to liver cells
  - Limited data regarding ACE2 expression in cholangiocytes > hepatocytes
- Secondary to COVID-19 complications:
  - myositis (AST > ALT)
  - cardiac injury
  - ischemia/hypotension
  - cytokine release syndrome
- Drug-induced liver injury
- Multisystem Inflammatory Syndrome in Children (MIS-C)







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Kumar et al., J Clin Exp Hepatol., 2020.

# **Burden of COVID-19 in children**

Relatively fewer cases of COVID-19 among children compared to cases among adult patients:

- United States: 2% of confirmed cases of COVID-19 were <18 years</li>
- China: 2.2% were pediatric COVID-19 cases
- **Italy**: 1.2% were pediatric COVID-19 cases
- Spain: 0.8% were pediatric COVID-19 cases







https://www.cdc.gov/coronavirus/2019-ncov/hcp/pediatric-hcp.html

### **COVID-19 clinical course is less severe in children**







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Dong et al., Pediatrics, March 2020.

### The majority of adult COVID-19 with mild liver injury

Abnormal liver biochemistries in the first 30 days of +COVID test SARS-CoV-2 (n=816) Peak ALT <ULN 445 (54.5)  $\geq 1 \times$  to  $< 2 \times ULN$ 190 (23.3)  $\geq 2 \times \text{to} < 5 \times \text{ULN}$ 141 (17.3)  $\geq$ 5× to <10×ULN 32 (3.9)  $\geq 10 \times ULN$ 8 (1.0) Peak ALP <ULN 747 (91.5)  $\geq 1 \times$  to  $< 2 \times ULN$ 65 (8.0)  $\geq 2 \times \text{to} < 5 \times \text{ULN}$ 4 (0.5)  $\geq$ 5× to <10×ULN 0 (0) ≥10×ULN 0 (0) Peak total bilirubin <ULN 391 (47.9)  $\geq 1 \times$  to  $< 2 \times ULN$ 339 (41.5)  $\geq 2 \times \text{to} < 5 \times \text{ULN}$ 79 (9.7) ≥5× to <10×ULN 6 (0.7)  $\geq 10 \times ULN$ 1 (0.1)



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### Pediatric COVID-19 and mild liver injury

Table 2. Difference of Laboratory Findings of Pediatric Patients With Coronavirus Disease 2019 on Admission to Hospital

	Median (IQR)			
Biomarker	Total (N = 148)	Mild (n = 60)	Moderate (n = 88)	P value <sup>a</sup>
Coagulation function				
Prothrombin time, s	10.9 (10.5-11.3)	10.9 (10.6-11.4)	10.8 (10.5-11.1)	.24
Fibrinogen, g/L	207 (177-252)	199 (176-231)	214 (178-267)	.26
Activated partial thromboplastin time, s	30.8 (28.7-33.8)	30.3 (27.8-33.5)	30.9 (28.8-34.2)	.28
Thrombin time, s	18.4 (17.7-19.4)	18.6 (18.0-19.2)	18.4 (17.5-19.6)	.84
D-dimer, µg/mL	0.20 (0.14-0.35)	0.16 (0.13-0.26)	0.24 (0.15-0.36)	.02
Liver function				
Total bilirubin, mg/dL	0.44 (0.32-0.61)	0.51 (0.36-0.67)	0.43 (0.29-0.58)	.04
Direct bilirubin, mg/dL	0.14 (0.10-0.19)	0.15 (0.10-0.20)	0.13 (0.09-0.19)	.12
Albumin, g/dL	4.54 (4.32-4.77)	4.56 (43.4-48.2)	4.54 (4.31-4.75)	.27
Globulin, mean (SD), g/dL	2.30 (0.48)	2.34 (0.37)	2.27 (0.54)	.48
Alanine aminotransferase, U/L	16.0 (12.0-26.0)	13.0 (11.0-18.8)	18.0 (12.3-33.8)	.001
γ-glutamyltransferase, U/L	11.0 (9.0-16.0)	10.0 (8.0-13.0)	12.0 (10.0-19.0)	.005
Aspartate aminotransferase				
Level, U/L	30.0 (23.0-41.8)	25.0 (20.3-34.5)	33.0 (24.0-46.8)	<.001
Increased, No. (%)	25 (16.9)	4 (6.7)	21 (23.9)	.007



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# Emerging evidence suggests increased ALT is associated with more severe COVID-19

- Increased ALT or abnormal liver function on admission is associated with more severe COVID-19
- COVID-19 patients with elevated liver chemistries had increased risk of adverse clinical outcomes and mortality compared to patients without elevated liver chemistries
- Difficult to determine whether the liver injury is directly modulating disease or whether the injury is secondary to COVID-19-related pathologies, DILI, or immune dysregulation

Yip TC-F et al., *Gut*, June 2020 Mao et al., *Lancet Gastroenterol Hepatol*, May 2020 Kulkarni et al., *Aliment Pharmacol Ther*, July 2020 Fan et al., *Clin Gastroenterol Hepatol*, April 2020





### Multisystem Inflammatory Syndrome in Children (MIS-C)







#### Pediatric Cases of COVID-19 and MIS-C in New York State

Covid-19 MIS-C - 7-Day average of Covid-19 cases 500-**-15** -12 400-No. of Covid-19 Cases in Pediatric Patients 300-200-100-Narch 22 Marchs Narch 29 pril 19 Narch 15 May3 April S spril 12 pril 26 March Maylo

> 2020 Date of Specimen Collection (Patients with Positive Test for SARS-CoV-2) or Date of Hospital Admission (Patients with MIS-C)





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of Patients Admitted for MIS-C

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Dufort et al., N Engl J Med, June 2020.

# **MIS-C: CDC definition, 5 criteria**

- 1. Hospitalized patient < 21 years
- 2. Fever  $\geq$  24 hours
- 3. Laboratory evidence of inflammation (CRP, ESR, fibrinogen, procalcitonin, d-dimer, ferritin, LDH, or IL-6, elevated neutrophils, reduced lymphocytes and low albumin)
- Multisystem (≥ 2) organ involvement (cardiac, renal, respiratory, hematologic, gastrointestinal, dermatologic or neurological)
- 5. Evidence of SARS-CoV-2 infection by RT-PCR, antibody, antigen test; or exposure to a suspected or confirmed COVID-19 case within the last 4 weeks of symptom onset



SARS-COV-2 related multisystem inflammation

https://www.dicardiology.com/article/kawasaki-inflammatory-disease-affects-children-covid-19

Riphagen et al., *Lancet*, May 2020. (U.K.) https://www.cdc.gov/mis-c/hcp/







#### THE JOURNAL OF PEDIATRICS • www.jpeds.com

#### ORIGINAL **ARTICLES**

#### Multisystem Inflammatory Syndrome in Children Associated with Severe Acute Respiratory Syndrome Coronavirus 2 Infection: A Multi-institutional Study from New York City

Shubhi Kaushik, MBBS<sup>1,\*</sup>, Scott I. Aydin, MD<sup>1,2,\*</sup>, Kim R. Derespina, MD<sup>3</sup>, Prerna B. Bansal, MD<sup>2</sup>, Shanna Kowalsky, DO<sup>4</sup>, Rebecca Trachtman, MD<sup>5</sup>, Jennifer K. Gillen, MD<sup>1</sup>, Michelle M. Perez, MD<sup>3</sup>, Sara H. Soshnick, DO, MS<sup>3</sup>, Edward E. Conway, Jr., MD<sup>6</sup>, Asher Bercow, MD<sup>6</sup>, Howard S. Seiden, MD<sup>2</sup>, Robert H. Pass, MD<sup>2</sup>, Henry M. Ushay, MD, PhD<sup>3</sup>, George Ofori-Amanfo, MD<sup>1,2</sup>, and Shivanand S. Medar, MD<sup>3,7</sup>

June 2020

- Children with MIS-C admitted to pediatric ICUs in New York • City between April 23 and May 23, 2020
- In contrast with the infantile age distribution of Kawasaki • disease, MIS-C is predominantly a disease of older children and adolescents (median age 10 years) and is consistent with other centers.

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Table I. Demographic and clinical characteristics of patients (n = 33) with MIS-C

Characteristics	Values			
Age, y	10 (6-13)	D		
Male sex	20 (61)	Γ		
Weight, kg	33.4 (20.7-60.0)			
BMI, kg/m <sup>2</sup>	18.6 (15.9-22.9)			
Race				
Hispanic or Latino	15 (45)			
Black	13 (39)			
White	3 (9)			
Asian	1 (3)			
Other	1 (3)			
Comorbid conditions	16 (48)			
Asthma	5 (15)			
Allergic rhinitis/eczema	3 (9)			
Obesity (BMI >30 kg/m <sup>2</sup> )	2 (6)	Π		
Cardiac	2 (6)	Γ		
Hematologic	2 (6)			
Others	3 (9)			
Symptoms				
Duration of symptoms before admission, d (n = $35$ )	4.5 (3-6)			
Maximum temperature (n $=$ 31)	39.4 (38.8-40.0)			
Fever	31 (93)			
Mucocutaneous involvement	7 (21)			
Conjunctivitis	12 (36)			
Rash	14 (42)			
Abdominal pain	21 (63)	N		
Nausea/vomiting	23 (69)			
Diarrhea	16 (48)	IJ		
Shortness of breath	11 (33)	Γ		
Dizziness	3 (9)			
Hypotension	21 (63)			
Neurologic involvement	4 (12)			
III contact	8 (24)	18		
Known COVID+ contact	5 (15)			

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### Liver injury is mild in MIS-C

Table II. Admission laboratory test results of allpatients with MIS-C

Tests	Value	Reference normal range	
SARS-CoV-2 PCR positive	11 (33)	-	h
SARS-Cov-2 antibody positive	27 (81)	-	IJ
SARs CoV-2 PCR and antibody positive	6 (18)	-	
WBC, cells/µL	11 000 (8450-14 400)	4000-11 000/μL	
Hemoglobin, g/dL	11.3 (9.55-12.5)	10.5-14 g/dL	
Platelets, thousands/ $\mu$ L	176 (130.5-282)	150-300 K/μL	
Absolute lymphocyte count, thousands/µL	1.1 (0.6-1.3)	1.0-4.0 K/μL	
ESR, mm/h	53 (28.2-77.2)	0-10 mm/h	
Serum sodium, mEq/L	136 (135-139)	135-145 mEq/L	
Albumin, g/dL	3.5 (2.6-3.9)	3.5-4.9 g/dL	
BUN, mg/dL	12 (9-16)	6-23 mg/dL	
Serum creatinine, mg/dL	0.6 (0.4-1.1)	0.7-1.3 mg/dL	
AST, U/L	48 (27-69)	1-35 U/L	
ALT, U/L	36 (28-53)	1-45 U/L	
Total bilirubin, mg/dL	0.7 (0.4-1.3)	0.1-1.2 mg/dL	
C-reactive protein, mg/L	250 (156-302)	0.0-5.0 mg/L	Γ
C-reactive protein at peak, mg/L	255 (181-310)	0.0-5.0 mg/L	
Procalcitonin, ng/mL	5.4 (1.8-16.7)	<0.1 ng/mL	
Procalcitonin peak, ng/mL	6 (2.7-16.5)	<0.1 ng/mL	
Fibrinogen, mg/dL	627 (455-782)	162-378 mg/dL	
Ferritin, ng/mL	568 (340-954)	80-500 ng/mL	
BNP at admission, pg/mL	388 (75-1086)	0-100 pg/mL	

- PICU LOS = 4.7 days
- Hospital LOS 7.8 days
- Mortality 3%

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 Rapid, complete clinical and myocardial recovery was almost universal

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Kaushik et al., J Pediatr, June 2020.

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### Liver injury is more common in MIS-C than in acute COVID-19

Percentage of MIS-C Patients with ALT ≥ 40 U/L, by Age



186 MIS-C Cases, 26 states March 15-May 20, 2020

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https://www.cdc.gov/coronavirus/2019-ncov/covid-data/infographic-mis-c.html





# MIS-C ICU cases: persistent but mild liver injury (U.K)

N = 78	Reference ranges	Day 1 (n=78)	Day 2 (n=44)	Day 3 (n=43)	Day 4 (n=36)
Neutrophil count (× 10° cells per L)	2.0-7.5	12.3 (10.7-22.9)	13.2 (9.2–17.6)	13.0 (8.9–19.4)	11.9 (7.2–20.0)
Lymphocyte count (×10° cells per L)	1.5-4.0	0.7 (0.4–1.1)	0.9 (0.7–1.6)	1.2 (0.9-1.7)	1.8 (1.0-2.3)
Platelet count (×10° cells per L)	150-400	125 (75–178)	179 (115–272)	187 (109–293)	201 (100–358)
C-reactive protein (mg/L)	<5	264 (192–316)	233 (143-308)	191 (77–283)	96 (39-197)
D-dimer (µg/L)	<500	4030 (2349-7422)	2293 (1319-4638)	3503 (1902-5291)	1659 (646–3792)
Ferritin (µg/L)	12-200	1042 (538–1746)	1152 (473-1529)	842 (495-1422)	757 (484–1198)
Troponin (ng/L)	<10	157 (43-810)	232 (70-829)	355 (66–2252)	358 (30-3015)
Creatinine (µmol/L)	60–120	75 (46–103)	54 (41-77)	48 (34-67)	49 (32–64)
ALT (IU/L)	10-50	50 (30–93)	51 (27-77)	43 (30–68)	51 (35-71)

Data are median (IQR). PICU=paediatric intensive care unit. ALT=alanine aminotransferase.

Table 2: Laboratory results for the first 4 days of PICU admission





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Davies et al., Lancet Child Adolesc Health, July 2020.

### **Summary and Recommendations**

- Liver injury is common but mild in most pediatric COVID-19 and MIS-C cases
- Etiologies of abnormal liver biochemistries include myositis, ischemia, cardiac injury, DILI, MIS-C
- Monitor for interval change of liver tests, especially in pediatric patients receiving investigational treatments such as remdesivir and tocilizumab
- Longitudinal studies are needed to determine the long-term effects of COVID-19 in children

https://www.aasld.org/sites/default/files/2020-06/AASLD-COVID19-ExpertPanelConsensusStatement-June252020-v2-FINAL.pdf





# AASLD-NASPGHAN-SPLIT COVID-19 & the Liver: Pediatric Perspective

### Mohit Kehar, MBBS,DNB Assistant Professor of Pediatrics Queen's University, Canada

**Joint Webinar** 



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# Outline

- Introduction
- NASPGHAN-SPLIT COVID-19 Registry
- Review course, treatment and outcome in children with liver disease (native liver) presenting with COVID-19 infection:
  - Demographics
  - Etiology and comorbid conditions
  - Presenting symptoms
  - Laboratory trends
  - Management
  - Outcome




### Introduction

COVID 19: Elevated AST/ALT/Bilirubin

- Information is limited regarding the effects of COVID-19 infection in patients with chronic liver disease
- Few adult studies
- No Pediatric Data



#### ORIGINAL RESEARCH

Comparison of mortality risk in patients with cirrhosis and COVID-19 compared with patients with cirrhosis alone and COVID-19 alone: multicentre matched cohort

- **37** patients with cirrhosis+COVID-19
- Matched with 108 patients with COVID-19 and 127 patients with cirrhosis
- Seven sites in USA, Median age 61yrs.
- Mortality
  - Cirrhosis+COVID-19 vs. COVID-19 (30% vs. 13%, p=0.03)
  - Cirrhosis +COVID-19 vs. Cirrhosis (30% vs. 20%, p=0.16)

Gut . 2020 Jul 13;gutjnl-2020-322118.

(1) Transplantatio





Letter to the Editor

JOURNAL OF HEPATOLOGY

#### High mortality rates for SARS-CoV-2 infection in patients with pre-existing chronic liver disease and cirrhosis: Preliminary results from an international registry

- N= 152 (103 patients with cirrhosis and 49 with non-cirrhotic CLD)
- Median age 61 yrs.
- Most Common diagnosis : NAFLD
- Death (N=47)
  - COVID-19 lung disease: 78.7%
  - Cardiac-related: 4.3%
  - Liver-related: 12.2%

J Hepatol . 2020 May 21;S0168-8278(20)30305-6.





Transplantation

## **NASPGHAN-SPLIT COVID-19 registry**

- Joint collaborative effort: NASPGHAN Hepatology committee and Society of Pediatric Liver Transplantation
- Course and outcome of COVID-19 in children with liver disease and recipients of liver transplantation
- Patient Population: Less than 21 years of age
- Inclusion Criteria: All cases of chronic liver disease, recipients of pediatric liver transplantation ± intestinal transplant/MVT/Other solid organs





## **NASPGHAN-SPLIT COVID-19 registry**

- Launched: April 2020
- Weekly report shared through the NASPGHAN GI listserv, the SPLIT COVID listserv and the NASPGHAN website
- Week 12 report shared last week
- International RED cap registry
- Data collection ongoing











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#### Demographics of Children: COVID+ Liver Disease (Native Liver)







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# Etiology and Comorbid Conditions: COVID+ Liver Disease (Native liver)

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Comorbid conditions			
Obesity		5	
Failure to thrive		3	
Gastrointestinal		3	
Genetic		2	
Cardiac		2	
Renal/CKD		1	
Endocrine		1	
Pulmo	Azathioprine	<b>e</b> : 5	
Others			
Dose reduced : 1 No changes : 4			
AMERICAN ASS THE STUDY OF L	SLD DCCATION FOR NASPGI	Society of Pediatric	

SPIT



#### Presenting Symptoms: COVID+ Liver Disease (Native liver)



**Constitutional** : fever, myalgia, fatigue, sore throat, loss of smell/taste





#### Laboratory Trends: COVID+ Liver disease (Native liver)

Laboratory Variable	Baseline value Median (IQR)	Peak value Median (IQR)	P value
WBC count (10X9 cells/L)	10.9 (5.3-14.7)	14.4 (7.9-20.43)	0.002
ALT (IU/L)	74 (41-143)	146 (53-227)	<0.001
Total Bilirubin (mg/dl)	0.85 (0.52-6.4)	3.25 (1-8.5)	<0.001
INR	1.12 (1-1.2)	1.2 (1.18-1.5)	0.002
Laboratory Variable	Baseline value Median (IQR)	Nadir value Median (IQR)	P value
WBC count (10X9 cells/L)	10.9 (5.3-14.7)	7.35 (4.1-11.1)	0.008
Albumin (g/dl)	3.8 (3.4-4.35)	3.1 (2.6-3.4)	<0.001

Median ALC: 2.48 (0.76-7)k/ul





#### Management: COVID+ Liver disease (Native liver)



#### Management: COVID+ Liver disease (Native liver)

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#### **Outcome: COVID+ Liver disease (Native liver)**







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- First Pediatric specific registry assessing outcome of COVID-19 on liver disease and liver transplantation recipient
- Hospitalization was needed in majority (70%) of children with liver disease (native liver) +COVID 19
- Majority of patients did not receive any specific treatment for COVID-19 or respiratory support
- Over 80% recovered with only one death reported till date in cohort of children with liver disease (native liver) +COVID 19





### **COVID-19 Registry: Outcomes in Pediatric Liver Transplant Recipients**

Noelle Ebel, M.D.

**Assistant Professor of Pediatrics** 

Director, Alagille Syndrome Program

**Stanford University** 

nebel@stanford.edu

**Joint Webinar** 



Transplantation





# Background: COVID+ post-transplant recipients





Median age 59 years, 63% male

## COVID-19 in an international European liver transplant recipient cohort

https://doi.org/10.1016/S2468-1253(20)30125-4 doi:10.1136/gutjnl-2020-321923

#### Liver transplant (n = 160)

#### **Major outcomes**

Hospitalised	129	81%
Intensive care admission	47	29%
Invasive ventilation	31	19%
Death	30	19%

- 57 patients, 70% male, aged 57-70 years
- Co-morbidities: 37% cardiovasc disease, 37% diabetes, 28% renal disease, 23% respiratory disease
- 28% outpatient
- 72% inpatient
  - 10% ICU, intubated
  - 19% ARDS
  - 12% died







# Demographics of COVID+ post-transplant recipients

22 post-liver transplant recipients in the registry

- 45% female (n=10)
- Aged 6 months 21 years (median 13.5 years old)
- Time out from transplant: 1 week 19 years (median 4.6 years)





# Race of COVID+ post-transplant recipients

#### 22 post-liver transplant recipients in the registry







#### Indications for liver transplantation



Comorbidities at time of diagnosis		
Autoimmune	1 - de novo AIH 1 - lupus	
Gastrointestinal	1 - IBD	
Cardiovascular	1 - pacemaker 1 - hypertension	
Renal/CKD	1	
Endocrine	2 - diabetes	







#### Presenting symptoms of COVID+ posttransplant recipients

	Liver transplant only (includes liver-kidney) (n=20)	Multivisceral transplant (n=2)
Asymptomatic	4 (20%)	0
Fever	10 (50%)	2
Respiratory symptoms	6 (30%)	1
GI symptoms	9 (45%)	1
Constitutional (loss of smell/taste, myalgia, fatigue, sore throat)	6 (30%)	0



Society of Pediatri

#### Highest level of care for COVID+ posttransplant recipients







#### Number of hospital days for COVID+ post-transplant recipients



**# of Hospital Days** 



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#### Laboratory trends of COVID+ posttransplant recipients

Elevated ALT (17%)	<ul> <li>ALT 21 -&gt; 174</li> <li>ALT 44 -&gt; 424</li> <li>ALT baseline 231 (fresh post-transplant) -&gt; 1215</li> </ul>	
Hypoalbuminemia (11%)	<ul> <li>Albumin baseline 2.5 (fresh post-transplant) -&gt; 2.3</li> <li>Albumin 3 -&gt; 1.6</li> </ul>	
Elevated INR (6%)	• INR baseline 2.3 -> 2.8	
Bilirubin	<ul> <li>No reports of significantly elevated bilirubin</li> </ul>	
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#### Immunosuppression at time of diagnosis: COVID+ post-transplant recipients







# Highest level of care by baseline immunosuppression





#### Immunosuppression minimization: COVID+ post-transplant recipients



#### Directed therapies: COVID+ posttransplant recipients



# Outcomes: COVID+ post-transplant recipients



#### No reported deaths





# Summary: COVID+ post-transplant recipients

- No reported deaths or need for mechanical ventilation
- Higher degrees of immunosuppression didn't necessarily predict more severe COVID courses





### Summary: SPLIT and NASPGHAN COVID-19 Registry

Registry link: <a href="https://is.gd/naspghansplitliversurvey">https://is.gd/naspghansplitliversurvey</a>

SPLIT COVID website: <u>https://tts.org/initiatives/split-covid-19-post-liver-</u> <u>transplantation-data-collection-registry</u>

#### NASPGHAN COVID website:

https://naspghan.org/professional-resources/covid-19/







### **Re-Entry in Clinical Transplantation** during a COVID Pandemic

Beau Kelly MD MBA FACS FAST **Surgical Director and Transplant** Surgeon, DCI Donor Services

**Joint Webinar** 











July 2020

## The Problem with Re-Entry

- Accurate triangulation of the present position
  - Separation of Signal from Noise
- The Attack Angle and Attitude
- "Ionization blackout"
  - Poor communication and messaging



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NASA Archives

- Balancing "G" forces and Environmental pressures
- Faith in developing consensus on a Program and Design

Just want to return to a safe and "normal" life!



### **Accurate Position and Communication?**



- Increasing rates of new infections in nearly every state!
- Resurgence of cases as mobility increases!
- ~10% Testing COVID +
- Masking, Social distancing, and SIP practices are not uniform





### **The Result!**







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### The "G" Forces and "Heat"

- Healthcare Economic Impact of COVID (Gravity)
  - GDP decline by 5% for every month of partial closure
  - US Hospital financial losses projected at \$323B
  - Unemployment spike to 14.7%
    - Hospital employee layoffs, furloughs, and salary reductions
  - Interruption of Medical Education, Training programs, Hospital credentialing, and Certifications

AHA.org

"Adversity introduces us to ourselves!" ~ Albert Einstein








# The Angle of Attack and Attitude

- Psychosocial Consequences of "Lock-down" and Social Distancing
  Contracted
  - Increased isolation
  - Increased anxiety and depression
  - Disruptions in family structure
  - Food insecurity and
  - Increased ACE's predictive determinants of health
- Profound and Lasting Consequences of COVID
  - Despite a "miracle" COVID vaccine, attitudes will persist that shape how we live!

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social programs

Increased

suicide risk

.

# **Assumptions and Course Corrections**

"When the student is ready, the teacher will appear!"

Way back in March we thought...

- Based on past experiences with H1N1, WNV, Influenza, and SARS:
  - Increased infection rates associated with extent of IS
  - Disproportionately high morbidity and mortality in TXP recipients
  - Vaccination yields protective Ab's
    - ?Herd immunity
- Testing will yield too many false positives and should be reserved for symptomatic patients.
  - >150 tests used. ~10 tests are FDA reviewed
- CMS deems transplant as an essential health service- Organ donation and transplantation move forward despite geographic variation in healthcare.





# **Knowing and Assessing Risk**

- Risk of COVID transmission in Organ donation and Transplant across the entire process
  - No NBA "Bubble"
  - The Pro's and Cons of moving forward with a liver donor and transplant
- Infection Risk Circles and Models
  - Cleveland Clinic Online Risk Calculator
  - CHIME
  - CDC Risk Calculator





## **Relative Risk of Returning to Activity**

		Visiting an elderly relative or friend in their ho	ome
	Opening the mail	Going to a hair salon or barbershop	
-19	2 Getting restaurant takeout		
	2 Pumping gasoline	Eating in a restaurant (inside)	
JISEASE	2 Playing tennis	Attending a wedding or funeral	
	2 Going camping	7 Traveling by plane	
	3 Grocery shopping	Playing basketball	
	3 Going for a walk, run, or bike ride	Traying bookeboli	
ur 📃	3 Playing golf	Playing football	
	4 Staying at a hotel for two nights	Hugging or shaking hands when greeting a fi	riend
ng	Sitting in a doctor's waiting room	8 Eating at a buffet	
)	4 Going to a library or museum	8 Working out at a gym	
14. 10	4 Eating in a restaurant (outside)	Coincide an emucoment park	
to 10,	4 Walking in a busy downtown	o Going to an antisement park	
	4 Spending an hour at a playgrour	8 Going to a movie theater	
he TMA > TMA	5 Having dinner at someone else's	9 Attending a large music concert	
P3505	5 Attending a backyard barbecue	9 Going to a sports stadium	
currently	a beach	Attending a religious service with 5004 worshi	nors
ols when	G Shopping at a mall	Attending a rengious service with over working	pers
	Sending kids to school, camp, or 1	9 Going to a bar	
	Working a week in an office by	1 401 W/ 15th St. 1 Austin TV 79701 1690	
	Sociation Sociation		
	Visiting an elderly relative or frie	A MATENTIAD IST ANAGRIETUIS	





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## **OPO and Liver Program Performance**



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#### **Assessing Aggregate Risk/Benefit**



#### Stratifying Risk of Surgery- MeNTS Score

PROCEDURE SCORE	1	2	3		4	5	
OR Time	<30 min	30-60 min 60-120 min		iin	120- 180 min	>180 min	
LOS	Outpt	<24 hours	24-48 hou	urs	2-4 days	>4 days	
Post-Op ICU Need	Unlikely	<5%	5-10%		10-25%	>25%	
EBL	<10cc		<u>ں</u>	сс			
Surgical Team Size	1						
Intubation Probability	<19						
Surgical Site	Oth	Ethical and Ef	ficient	cal Abd	Higher Scores asso Worse Oute	tcomes	
DISEASE SCORE	1 6	estimation of resource scarcity and provider risk. Review and application of a orse orse			Increased Exposure Risk Higher Resource Utilization		
Effective Non-Op Option	No Option						
Non-Op Option Resource/Exposure Risk	Significant SC						
Impact on Disease- 2wk Delay	Significant Rev						
Impact on Surgical Outcome- 2wk Delay	Significant						
Impact on Disease- 6wk Delay	Significant Stre	atified scoring :	system for	orse	*Organ donation and liver	n and liver	
Impact on Surgical Outcome- 6wk Delay	Significant O	perations defe	rred and	orse			
		urformer ad in N/c	arch 2020		transplant are at	the highest	
PATIENT SCORE	pe	performed in March 2020			end of scores —		
Age	<20					JIC3	
Lung Disease (Asthma, COPD, CF)	Nor				t		
Obstructive Sleep Apnea	None						
CV Disease (HTN, CHF, CAD)	None	IVIIIIIIai	Mild		wioderate	JEVELE	
Diabetes	None		Mild		Oral Hypoglycemics Meds	On Insulin	
Immunocompromised	None				Moderate	Severe	
Covid-like Flu Symptoms	None					YES	
Exposure to COVID (last 14 days)	None	Probably Not	Probab	IY MERICAN ASS		YES Definitely	
CAN ASSOCIATION FOR UDDY OF UVER DISEASES NASPGHAN	Society of Pediatric Liver Transplantation	Transplantation	Prachand, et. al, JACS. April. 2020				

#### **Fundamental Considerations for Re-Entry**

- Clear Objectives based on available "data!"
- Clear and transparent risk stratification for every step along the path of the patient
  - Customized step-step plan from organ acceptance to patient discharge
  - Minimize risk of COVID exposure (Distancing, masks, hand hygiene, etc.)
  - Optimize Resources
  - Disaster planning team (administration, multidisciplinary team, community, and PARENTS/PATIENTS)
- Frequent Reassessment and Refinement of the Program and Design beyond financial considerations
- Advocate for government support for families in need
- Ask more Questions!



#### **Return to School Special Considerations**







- Liver transplant recipients >6months post-txp.
- Stable/weaning immunosuppression regimens.
- Stable/decreased community COVID incidence (<10% + test rates).
- OK for asymptomatic siblings to return to school.

- Return to athletic programs
- Return to after-school activities
- Return to Colleges
- Siblings living at-home w/ high-risk for exposure

- Recent liver transplant (3-6months)
- High-dose Immunosuppression regimen
- Rapidly increasing COVID+ (Hotspots!)
- Serious medical conditions or actively managed surgical complications
- Any COVID-like symptoms or acute respiratory illness
- School system does not have adequate resources to foster safe participation

\*All decisions and options should be discussed with





patient-specific 2 transplants professionals study of liver diseases www.aasld.org 99

## Acknowledgements

- Special Thanks
- Better \_\_\_\_\_ is on the other side of this adversity
- Not a "re-entry" into the normal of 2019. Those strategies and practices are inadequate for the weight, challenges and goals of today.
- Rather a Re-emergence!





# **Panel Discussion Q&A**

# Please submit any remaining questions to the Q&A Chat at this time!



**Joint Webinar** 



Society of Pediatric Liver Transplantation







## Acknowledgements

- Drs. Rohit Kohli & Daniel Leung and the AASLD Pediatric Liver Disorders Special Interest Group
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